



LAJPAT RAI COLLEGE

SAHIBABAD-201005 (GHAZIABAD) U.P.

(Affiliated to Ch. Charan Singh University)

Accredited B College by NAAC

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Action Taken Report (ATR) Best Practices of the College

1. Holistic Development of Students :

The college organized various activities to promote the physical, mental and social well-being of students. Yoga sessions were conducted regularly to promote physical fitness and mental balance. Yoga week was celebrated starting from 21st June 2025. Yoga Day with wide participation of students, was celebrated on 21st June 2026. Awareness programmes on importance of mental health are organised on regular basis for balanced well-being. For example, an important program on 'Awareness and Support about Women's Health Issues' was conducted to help students manage stress and for emotional well-being. The program was organised by IQAC, L.R. College in collaboration with Tech Mahindra on 20 August 2025. A health check up camp was executed on 31st October 2023 in collaboration with Rajiv Gandhi Cancer Institute and Research Centre, New Delhi. The student volunteers canvassed door-to-door in the areas nearby the College for this community engagement program. Week long women's self-defense training program/workshop, starting from 29 January 2024 was curated by the College in collaboration with CISF. A blood donation camp was organized on 27 February 2024 by the College in collaboration with Vardaan Hospital, Ghaziabad, Rotary club, Ghaziabad and Lions Club, Ghaziabad to inculcate a sense of social responsibility among students. Students actively participated in these activities which contributed to improved awareness about health, emotional well-being and social responsibility.

Sports are one of excellent ways not only to promote a balanced growth but also to inculcate sportsmanship, responsibility and empathy among citizens. The College's administration and Physical Education department have been arranging programs and tournaments in this direction frequently. For example, district-level Athletics tournament was organised on 26 August 2023 in collaboration with Mahamaya Stadium Ghaziabad. On 21 August 2025, an inter-departmental Pitthu Tournament was organised. Inter-departmental Cricket tournament was organised on 20th November 2025. Inter-departmental Badminton tournament was conducted on 19th November 2025. An Inter-collegiate Girls' Volleyball tournament, in collaboration with CCS University, Meerut, was organised strting from 14 November 2025. National Sports Day celebration on 29 August, is a ritual in the College.

Outcome: The initiatives helped in developing balanced personalities and responsible citizens.

2. Promotion of Social Cohesion:

Several programmes were organized to strengthen social harmony and community participation. The Gandhi Lecture Series (online) was conducted by IQAC, L.R. College during October 2021- October 2024 to spread the ideals of peace, non-violence and social cohesion. Society oriented activities act like a catalyst in inculcating social harmony and in fading divisive tendencies, in any society. The College, hence, strives towards building social bridges by conducting various programs towards this end. A cloth donation drive was organized on 21 December 2023 to encourage compassion and support for the underprivileged. In collaboration with a NGO 'We for Heights', a gender sensitisation program and a rally, post the program, was conducted on Women's Day on 8 March 2025. The college also conducted voter awareness programmes to promote participative citizenship among students. Voter Awareness Day on 25 January, every year, is celebrated with great enthusiasm and civic pride. Rallies are organised; poster making and drawing competitions are held; and, slogan making competition and debates are conducted with solemnity.

Outcome:

These initiatives strengthened students' sense of community responsibility, gender sensitivity and civic awareness. Students developed values of social harmony, empathy and active citizenship, thereby contributing to a more inclusive and responsible society.

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